



ALINA THOMAS

PERSONAL STRATEGY

WORKBOOK



MINDSET EXERCISE:

What keeps you from pursuing your dreams? List 3 changes you'll make in the next 30 days to change your mindset.



SUCCESS HABITS EXERCISE:

How do you need to act TODAY in order to become the entrepreneur you want to be in the future? What self-care habits are you going to implement in the next 30 days?

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